

Renal Support Network's

HOPE WEEK

FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

DAILY AGENDA • WEDNESDAY, OCTOBER 9, 2024

CHRONIC KIDNEY DISEASE

2:30 PM PT - 5:45 PM PT/ MT:3:30 PM - 6:45 PM/ CT: 4:30 PM - 7:45 PM/ ET: 5:30 PM - 8:45 PM

- 2:30pm PT Visit Virtual Exhibits
- 2:45pm PT Welcome
- 3:00pm PT Stay Ahead: Preventing and Delaying Kidney Disease by Gregory Schlessinger, MD
- 3:30pm PT Fight the Fatigue: Anemia Management Tips & Tricks by Todd Minga, MD
- 4:15pm PT Break
- 4:30pm PT Why Emotions Matters and How to Navigate Them by Michelle Rowlett, MSW, LICSW
- 4:45pm PT Making Decisions: How I Weighed Pros and Cons of Treatment by Mary Baliker
- 5:00pm PT Fear & Anger Strategies I Used to Cope by Jeffrey Reises
- 5:15pm PT Denial - How I came to terms with kidney disease by Mary Wu
- 5:30pm PT Q&A
- 5:40pm PT Raffle (Must be present to win)
- 5:45pm PT Adjourn

Your Opinion Matters!

After attending, please check your email for our Hope Week Evaluation survey. Complete the evaluation to receive a thank you gift package.

Daily raffle prizes



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FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

DAILY AGENDA • THURSDAY, OCTOBER 10, 2024

PATIENT EXPERIENCES AND SOLUTIONS IN DIALYSIS CARE

2:30 PM PT - 5:30 PM PT /MT: 3:30 PM - 6:30 PM/ CT: 4:30 PM - 7:30 PM/ ET: 5:30 PM - 8:30 PM

- 2:30pm PT Visit Virtual Exhibits
- 2:45 pm PT Welcome
- 3:00pm PT Phosphorus & Your Plate: Navigating Nutrition in Kidney Care by Speaker TBD
- 3:45pm PT Kidney Konnect Trivia: Where Knowledge Meets Hope! With Host Rachel Cluthe
- 4:00pm PT Break
- 4:15pm PT Wander Without Worry: My Travel Preparedness Tips by Dawn Edwards
- 4:30pm PT Working and Dialysis: How Do I Do It? by Alex Berrios Jr.
- 4:45pm PT Finding Your Motivation: Tips for Staying Inspired on Your Fitness Journey by Jennifer McClung
- 5:15pm PT Raffle (Must be present to win)
- 5:30pm PT Adjourn

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DAILY AGENDA • FRIDAY, OCTOBER 11, 2024

KIDNEY TRANSPLANTATION FOR THE FUTURE

2:30 PM PT - 6:00 PM PT/ MT: 3:30 PM - 7:00 PM/ CT: 4:30 PM - 8:00 PM/ ET: 5:30 PM - 9:00 PM

- 2:30pm PT Visit Virtual Exhibits
- 2:45 pm PT Welcome
- 3:00pm PT Journey to Kidney Transplantation after Decades of Dialysis, Lori Hartwell interviews Jessica Frysz
- 3:45pm PT Acute Kidney Injury Phase 3 Study Update by Pamela Winterberg, MD
- 4:00pm PT Break
- 4:15pm PT Q&A Navigating the Kidney Transplant Journey: Ask the Expert by Rafael Villicana, MD
- 5:00pm PT Tips for Finding a Living Donor by Karol Franks
- 5:15pm PT My Journey to Get on the Transplant List: Do Your Homework by Joanna Galaes
- 5:30pm PT Donating a Kidney to Your Partner: Nick and Leslie's Love Story
- 5:45pm PT Raffle (Must be present to win)
- 6:00pm PT Adjourn

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FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

DAILY AGENDA • SATURDAY, OCTOBER 12, 2024

ADVOCATING FOR YOURSELF & OTHERS

3:20 PM PT/ MT:11:45 AM - 4:20 PM/ CT:12:45 PM - 5:20 PM/ ET: 1:45 PM - 6:20 PM

- 10:45am PT Visit Virtual Exhibits
- 11:00am PT Welcome
- 11:15am PT Gout: The Basics – What It Is and How to Manage It by Anthony Barbieri, MD
- 12:00 PT Act Fast: Warning signs of an Infection - When to seek care Don't Ignore An Infection as It Can Be Dangerous by Madeleine Pahl, MD
- 12:15pm PT Break
- 12:30pm PT The Benefits of Creativity and How it Help Me Cope by Lori Hartwell
- 1:00pm PT Internet Scams: How to Avoid Being a Victim - Speaker TBD
- 1:30pm PT Dating, Meeting New People and Kidney Disease - Moderator Cher Thomas
- 2:15pm PT Easy Movement Exercises for Staying Active by Karen Langevin
- 2:45pm PT Renal Support Network, How it Benefits You and How You Can Help
- 3:15pm PT Raffle (Must be present to win)
- 3:20pm PT Adjourn

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FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

DAILY AGENDA • SUNDAY, OCTOBER 13, 2024

FOCUS ON YOUTH & FAMILY WITH KIDNEY DISEASE

10:45 AM PT - 1:20 PM PT/ MT: 11:45 AM - 2:20 PM/ CT: 12:45 PM - 3:20 PM/1:45 PM - 4:20 PM

10:45am PT Visit Virtual Exhibits

11:00am PT Welcome

11:15am PT Navigating Youth to Adulthood - When do you ask for help and what I learned? Panel discussion - Moderator Helen Currier, BSN, RN, CNN, CENP, MPH, CNN, and Lori Hartwell with Isela King, Natalie Neva

11:45am PT Jobs and careers that may work best while managing a Chronic Illness by Isela King

12:15pm PT Break

12:30pm PT Navigating the Journey: Supporting Children and Youth who have Kidney Disease: A Parent's Perspective - Moderator and Panel TBD

12:30pm PT Youth and Young Adult break out room

1:15pm PT Raffle (Must be present to win)

1:20pm PT Adjourn

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