



# Have protein or blood in your urine?



## Ask if it could be IgA Nephropathy

(pronounced "nuh-FROP-uh-thee")

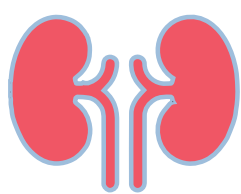
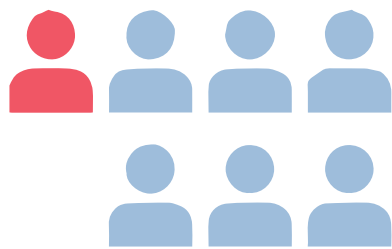


- ♥ IgA Nephropathy, or IgAN for short, is an autoimmune disease that attacks the kidneys.
- ♥ IgA builds up in the kidney's filters and can:
  - Harm the kidneys' ability to do their job
  - Cause inflammation and irreversible kidney damage
- ♥ **IgAN often goes undetected, which means delays in treatment and declines in kidney function**

## Did You Know?

1 in 7

American adults have kidney disease



## IgAN

is a lesser known cause of kidney disease, but the most common reason for inflammation of the tiny filters in the kidneys (glomeruli)

NEARLY

1 in 2

face delays in being diagnosed

## SIGNS TO WATCH FOR



Seeing blood in your urine (hematuria)



Frothy or foamy urine



A urine dipstick test showing blood or protein in the urine (proteinuria)



High blood pressure



Swelling in the feet

People can LIVE with IgAN for YEARS and not know it.

## What you can do

• Ask if IgAN could be the reason you have blood and/or protein in your urine.

• Learn more about IgAN – how to diagnose and treat it – by going to [www.igan.org](http://www.igan.org)

• Connect with others



The IgA Nephropathy Foundation is run by patients, for patients, we work together with the hope of finding better treatment options and, ultimately, a cure.