

# ALLIANCE FOR Gout Awareness

The Alliance for Gout Awareness works to reduce stigma and empower patients by improving public understanding of gout. Members collaborate in developing educational materials and support resources.

By heightening public awareness and addressing common misconceptions, the Alliance for Gout Awareness emboldens patients to acknowledge the disease's impact and to seek the treatment they need.

## Gout: At a Glance



Gout, a **form of arthritis**, is caused by a buildup of uric acid in the body. The condition leads to **sudden, intense pain and swollen joints** that may become **red and hot**.



**Gout affects more than 8 million Americans.**



Gout's painful attacks can be debilitating. Research shows that people with gout missed **4.5 more days of work** annually than those without gout.

## Members

Alliance for Patient Access • American Association of Kidney Patients • American Kidney Fund  
American Podiatric Medical Association • Global Healthy Living Foundation • Gout Education Society • Gout Support  
Group of America • National Black Nurses Association • National Infusion Center Association  
National Kidney Foundation • Rheumatology Nurses Society • U.S. Pain Foundation

[www.goutalliance.org](http://www.goutalliance.org)