

Warm Hands Hopeful Heart PROJECT

Calling all Crafters, Knitters, and People Who Like to Organize a Volunteer Activity!

RSN's **Warm Hands, Hopeful Hearts** project is all about engaging with the community by making a gift for someone on dialysis. If you have ever been on hemodialysis, you know that your hands get cold along with your entire body.



Fingerless gloves are a practical solution for people on dialysis who need to keep their hands warm while still being able to use their fingers for various tasks, such as typing or texting. We ask you to reach out to your community and get them involved.

Please put your pair of gloves in a plastic bag and include an encouraging note for the recipient of the gloves. Only sign your first name with no identifying information.

Include the size of your gloves if you know or can guess who the gloves will fit, i.e., small female hand, large male hand, etc.

Please also include your email/text contact information on a separate piece of paper if you would like a response that we received your package.

Mail to:
Renal Support Network
1146 N. Central Ave. #121
Glendale, CA 91202

Find knit and crochet
patterns and tutorials
to make gloves with
socks, recycled sweaters
on the website at
RSNhope.org/warm-hands



The Renal Support Network (RSN) is a nonprofit organization founded by Lori Hartwell in 1993. RSN's hopeful and life-enriching programs help people, and their families deal with kidney disease, whether they are in the early stages of the disease, on dialysis, or have had a transplant. Hartwell's mission is to help them cope and give them hope. Hartwell suffered kidney failure at the age of 2. She survived 50-plus surgeries and was on dialysis for 13 years. She is now living with her fourth kidney transplant. Hartwell founded RSN to encourage her peers to develop the skills and knowledge necessary to navigate this illness. To this day, Hartwell continues to serve as president of RSN, the leading organization in engaging people who have kidney disease through its vast reach and prolific library of documented patient experiences. Visit RSNhope.org to learn more.



Lori Hartwell
RSN President and Founder



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