



# ENTER RENAL SUPPORT NETWORK'S 21<sup>ST</sup> ANNUAL ESSAY CONTEST TELL YOUR STORY!

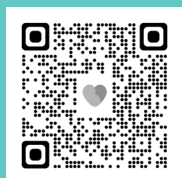
HOW DO YOU USE YOUR  
CREATIVITY TO HELP COPE  
WITH KIDNEY DISEASE?



For this year's theme, we ask that you share a story about how your creativity helps you cope with the challenges of living with kidney disease.

Submissions are open to anyone in the U.S. who has kidney disease. Essays are due by August 10, 2023. Cash prizes awarded to 1st, 2nd, and 3rd place winners.

Learn more and enter at  
[RSNhope.org/essay-contest](https://RSNhope.org/essay-contest)



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