SECONDARY HYPERPARATHYROIDISM (SHPT)

SHPT HAPPENS

It is important to treat secondary hyperparathyroidism to prevent it from causing serious health problems.

WHY DOES SHPT OCCUR IN PEOPLE WITH KIDNEY DISEASE?
- High blood phosphorus levels
- Kidneys cannot make active vitamin D that the body needs to absorb calcium
- Low blood calcium levels

WHAT ARE THE SYMPTOMS OF SHPT?
- Weak, broken bones or joint pain
- Feeling nauseated, loss of appetite, tired and weak
- Kidney Stones
- Itching

HOW IS SHPT TREATED?
- Vitamin D, calcium supplements or Calcimimetics
- Surgery to remove parathyroid glands

WHAT CAN YOU DO TO MINIMIZE RISK OF SHPT?
- Take medication as prescribed
- Don’t miss a dialysis treatment
- Follow dietary phosphorus recommendations

WHAT TESTS DETERMINE IF YOU HAVE SHPT?
- Parathyroid hormone (PTH)
- Calcium (Ca)
- Phosphorus (P)
- Calcium-phosphorus product (Ca x P)

WHAT HAPPENS IF SHPT IS LEFT UNTREATED?
- Calcium builds up in your blood vessels causing narrowing and impeding blood flow
- Calcium builds up under your skin causing skin wounds that are painful
- Calcium build-up leading to weak and brittle bones

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