

# HOPE WEEK

FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

October 18 - 22, 2022 • 10am-2:30pm Pacific Time

DAILY AGENDA • PAGE ONE OF TWO

## Tuesday Oct. 18

### Focus on Chronic Kidney Disease

10:00am: Opening Remarks  
(Virtual Exhibits Open)

10:05am: Using the Extraordinary  
to Live an Ordinary Life by Chad  
Allen, entertainer, speaker and  
teacher

10:45am: Know Your Vaccines by  
Crystal Grate, RN, CNN

11:30am: Take Charge of  
Osteoporosis by Debbie Drayer,  
PharmD

12:15pm: Kidney Kin Fitness  
exercise break

12:30pm: Pets and Kidney  
Disease, Kristin Brunstein, DVM

1:15pm: How to preserve your  
kidney function by Madeleine Pahl,  
MD, FASN

2:00pm: The Quest for a Life Free  
of Anti-rejection Drugs Following  
Living Donor Kidney Transplant:  
FREEDOM-1 Clinical Trial Overview  
by Sara Douglas, RN of Talaris  
Therapeutics

2:15pm: Raffle (must be present to  
win) and Adjourn

## Wednesday Oct. 19

### Focus on Dialysis

10:00am Opening Remarks  
(Virtual Exhibits Open)

10:05am: Why I Chose My  
Treatment Option by Dawn  
Edwards, Kidney Disease Survivor

10:45am: What to Expect with  
Home Dialysis Training, Lyndsay  
Crowson, MSN, RN, CNN

11:30am: Pantry Staples and  
Foods for Renal Diet, by Lubna  
Akbany, RD, CSR

12:15pm: Kidney Kin Fitness  
exercise break

12:30pm: What Keeps a Kidney  
Doc up at Night? by Yasmin G.  
Brahmbhatt, MD, FASN

1:15pm: Side Effects and  
Remedies Patients Experience  
with Dialysis, Gail Dewald, RN, CNN

2:00pm: Raffle (must be present  
to win) and Adjourn

## Thursday Oct. 20

### Focus on Kidney Transplant

10:00am: Opening Remarks  
(Virtual Exhibits Open)

10:05am: He said – she said! A  
couple's journey to and through  
transplant, Lacye and Sam  
Trevino, Husband & Wife and  
Living Kidney Donor & Recipient

10:45am: What is Involved  
with Donating a Kidney, Rafael  
Villicana, MD

11:30am: What is involved to Get  
a Pre-Emptive Kidney Transplant,  
Karol Franks, Family Kidney  
Disease Advocate

12:15pm: Kidney Kin Fitness  
exercise break

12:30pm: FAQ – What to Ask  
When You get The Call, Lana  
Kacherova, RN

1:15pm: Innovation Presentations

Repairing Deceased Donor  
Kidneys, By Stanley Jordan, MD

Xenotransplantation, A Patient's  
Perspective by Mary Baliker,  
Kidney Disease Survivor

Matching Kidneys by Joe  
Sinacore, National Kidney  
Registry

The Quest for a Life Free of  
Anti-rejection Drugs Following  
Living Donor Kidney Transplant:  
FREEDOM-1 Clinical Trial  
Overview by Sara Douglas, RN of  
Talaris Therapeutics

2:15pm: Raffle (must be present to  
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Renal Support Network's

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## Friday Oct. 21

### Focus on All Stages of Care

10:00am: Opening Remarks  
(Virtual Exhibits Open)

10:05am: Caregiver Self Care Tips,  
by Vernon Silva, LCSW, NSW-C

10:45am: The Healthcare  
Shortage, All Hands on Deck.  
What Patients Can Do to Help with  
the Crisis, by Helen Curier, RN

11:30am: Staying Employed or  
Getting Back to Work, By Beth  
Witten, LCSW

12:15pm: Kidney Kin Fitness  
exercise break

12:30pm: Body Image and Kidney  
Care – Tips for Looking Your  
Best, Patient Experience Panel  
Moderated by Cher Thomas, RDH

1:15pm: Conversations with Lori-  
Find Hope, Health and Happiness  
by Lori Hartwell, RSN Founder and  
President

2:00pm: Raffle (must be present  
to win) and Adjourn

## Saturday Oct. 22

### Focus on Youth with Kidney Disease

10:00am: Opening Remarks  
(Virtual Exhibits Open)

10:05am: Unlock your potential,  
Youth Workshop by Allison C.  
Dankner, M.ED, PSY. B.S

11:30am: Break

11:45am: Managing Your Life with  
Kidney Disease, Youth Patient  
Experience Panel

1:00pm: Raffle (must be present  
to win) and Adjourn

## Your Opinion Matters!



**Please check your email for  
our Hope Week Evaluation  
survey. Complete the  
evaluation to receive a  
thank you gift package.**

**Amazon Gift cards Daily  
raffle prizes**



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RSNhope.org