

Renal Support Network's

HOPE WEEK

FIVE-DAY VIRTUAL KIDNEY DISEASE EDUCATIONAL CONFERENCE

October 18 - 22, 2022 • 10am-3pm Pacific Time

DAILY AGENDA • PAGE ONE OF TWO

Tuesday Oct. 18
Focus on Chronic Kidney Disease

10:15am: How to adapt to a New Reality and Pursue Your Dreams by Chad Allen, entertainer, speaker and teacher

10:45am: Know Your Vaccines by Crystal Grate, RN, CNN

11:30am: Take Charge of Osteoporosis by Debbie Drayer, PharmD

12:15pm: Kidney Kin Fitness exercise break

12:30pm: Pets and Kidney Disease, Kristen Brunstien, DVM

1:15pm: How to preserve your kidney function by Madeleine Pahl, MD, FASN

2:00pm : Raffle (must be present to win) and Adjourn

Wednesday Oct. 19
Focus on Dialysis

10:15am: Why I Chose My Treatment Option by Dawn Edwards, Kidney Disease Survivor

10:45am: What to Expect with Home Dialysis Training, Lyndsay Crowson, MSN, RN, CNN

11:30am: Pantry Staples Foods for Renal Diet, by Lubna Akbany, RD, CSR

12:30pm: Topic and speaker to be announced

12:15pm: Kidney Kin Fitness exercise break

1:15pm: Side Effects and Remedies Patients Experience with Dialysis, Gail Dewald, RN, CNN

2:00pm: Raffle (must be present to win) and Adjourn

Thursday Oct. 20
Focus on Kidney Transplant

10:15am: He said - she said! A couple's journey to and through transplant, Lacey and Sam Trevino, Husband & Wife and Living Kidney Donor & Recipient

10:45am: What is Involved with Donating a Kidney, Rafael Villicana, MD

11:30am: What is involved to Get a Pre-Emptive Kidney Transplant, Karol Franks, Family Kidney Disease Advocate

12:15pm: Kidney Kin Fitness exercise break

12:30am: FAQ - What to ask when you get the call, Lana Kacherova, RN

1:15pm: Innovation in Transplant - Talaris, Xenotransplant, Stanley Jordan, MD and Joe Sinacore, Director of Education & Development National Kidney Registry

2:00pm: Raffle (must be present to win) and Adjourn

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Friday Oct. 21

Focus on All Stages of Care

10:15am: Caregiver Self Care Tips,
by Vernon Silva, LCSW, NSW-C

10:45am: The Healthcare
shortage, All hand on deck. What
patients can do to help with the
crisis, by Helen Curier, RN

11:30am: Staying Employed or
Getting Back to Work, By Beth
Witten, LCSW

12:15pm: Kidney Kin Fitness
exercise break

12:30pm: Body Image and Kidney
Care - Tips for Looking Your
Best, Patient Experience Panel
Moderated by Cher Thomas, RDH

1:15pm: RSN Initiatives to Find
Hope, Health and Happiness, Lori
Hartwell

2:00pm: Raffle (must be present
to win) and Adjourn

Saturday Oct. 22

Focus on Youth with Kidney Disease

10:15am: Unlock your potential,
Workshop led by Allison C.
Dankner, M.ED, PSY. B.S

12:00am: Break

12:00pm: Managing Your Life with
Kidney Disease, Youth Patient
Experience Panel

12:45pm: Raffle (must be present
to win) and Adjourn

Your Opinion Matters!



**Please check your email
for our Hope Week
Evaluation survey.
Complete the evaluation
to receive a thank you
gift package.**

**\$100 Amazon Gift cards
Daily raffle prizes**

