

***Enter RSN's 2nd Annual Artistic Contest of Hope!***  
***Theme: Joyful Expression of Hope***

Art therapy benefits those with a chronic illness like kidney disease. Studies show that when people work with their hands it helps their mental well-being. The process can also improve and enhance their physical and emotional well-being.



RSN's art contest coincides with two prominent yearly events, National Kidney Month in March, and National Donate Life Month in April. National Kidney Month inspires communities across the country to support kidney care, awareness and kidney disease research, as well as individuals to be proactive in managing their care. National Donate Life Month (NDLM) is an entire month of activities dedicated to encouraging Americans to register as organ, eye, and tissue donors and to honor those heroes that saved lives through donation. This contest is open to people in the United States who have chronic kidney disease (CKD), their family members, caregivers and living kidney donors.

**Prizes for each individual category are 1st prize \$500, 2nd prize \$300, 3rd prize \$100.**

### Categories for are:

Adults who have CKD,  
Under Age 18 who have CKD

Caregivers/Families  
Living Kidney Donors

**Submissions must be received by Wednesday April 20, 2022**

**Learn more and enter the contest at [RSNhope.org](https://RSNhope.org)**

