

RENAL SUPPORT NETWORK'S HOPE WEEK

November 10 - 14, 2020 • 10:00am-2:00pm PT
RSN's 27th Annual Patient Education Meeting is now virtual!
Join us for five educational and hope-filled days.

For 27 years RSN has presented the Annual Patient Education meeting at no charge to people who have kidney disease and their families. This year the meeting is a national, virtual event and we have expanded to five days. Each day will focus on a specific disease or treatment. Speakers will include healthcare professionals and people who have learned to live and thrive in spite of having kidney disease. Join us!

Tuesday, Nov. 10 **Focus on Chronic Kidney Disease**

Entertainment by Carla Ulbrich, The Singing Patient
How to Understand Kidney Stones and What You Can Do to Prevent Them
Delaying the Progression of Kidney Disease
The CKD Diet - What to Know Based on New Science
How to Get the Most out of Your Telehealth Visit



Wednesday, Nov. 11 **Focus on Dialysis**

Tim Atkin's Inspiring Story
Stop the Itching
The Ins and Out of Home Dialysis
How to Get the Most out of Your Doctor Visit
Innovations in Dialysis Care

There are no fees to attend but registration is required. Learn more and see full agenda at RSNhope.org.

A login link will be sent prior to the meeting date. Topics and speakers are subject to change.

Raffle prizes are given away every day. Receive a complimentary designer mask for attending and completing our event evaluation to help us learn and improve our online events.

Thursday, Nov. 12 **Focus on Kidney Transplantation**

Mandy Trolinger's Inspiring Journey
Advancements in Kidney Transplantation
Getting Listed for a Kidney: What You Need to Do and Know
The Psychosocial Issues of Kidney Transplantation
Weight Loss and Kidney Transplants



Friday, Nov. 13 **Focus on All Stages of Care**

Entertainment by Carla Ulbrich, The Singing Patient
How to Work Through Stress and Anxiety
Understanding Medicare and Medicare Advantage Plans
Public Policy and Kidney Disease for 2021
Answers to Questions You Were Afraid to Ask



Saturday, Nov. 14 **Focus on Parents & Children**

Preparing Your Child to Transition into Adulthood
Top Medical Issues for Youth with Kidney Disease
10 Things to Help Your Child Adjust to Dialysis
How to Maintain a Balanced Family Environment

"An illness is too demanding when you don't have hope." –Lori Hartwell

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Tuesday, Nov. 10 • Focus on Chronic Kidney Disease

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Opening Day Entertainment: Carla Ulbrich, The Singing Patient

10:30am How to Understand Kidney Stones and What You Can Do to Prevent Them: Gary C. Curhan, MD

11:15am Delaying the Progression of Kidney Disease: Dugan Maddux, MD, and Jennifer Finch, MD

12:00pm The CKD Diet – What to Know Based on New Science: Kam Kalantar, MD

12:45pm How to Get the Most Out of Your Telehealth Visit: Susie Lew, MD,

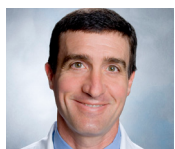
1:30pm Interactive Group Game with Host Cher Thomas, RDH

Wrap up, evaluation, adjourn

RSN is Pleased to Present Tuesday's Esteemed Panel of Speakers



Carla Ulbrich



Gary C. Curhan, MD



Dugan Maddux,
MD, FACP



Jennifer Finch, MD



Kam Kalantar, MD



Susie Lew, MD,
FACP, FASN

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10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Tim Atkins' Inspiring Story

10:30am Stop the Itching: Geoffrey Block, MD

11:15am The Ins and Out of Home Dialysis: Dinesh Chatoth, MD

12:00pm How to Get the Most out of Your Doctor Visit: Doug Johnson, MD

12:45pm Innovations in Dialysis Care: Jonathan Himmelfarb, MD

1:30pm Interactive Group Game

Wrap up, evaluation, adjourn

RSN is Pleased to Present Wednesday's Esteemed Panel of Speakers



Tim Atkins



Geoffrey Block, MD



Dinesh Chatoth, MD



Doug Johnson, MD



Jonathan
Himmelfarb, MD

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Thursday, Nov. 12 • Focus on Kidney Transplantation

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Mandy Trolinger's Inspiring Journey

10:30am Getting Listed for a Kidney What You Need to Do & Know: Ben Hippen, MD

11:15am Psychosocial issues of kidney transplant: Rondi L Wightman, LCSW,

12:00pm Weight Loss and Kidney Transplant: Lubna Abkany, RD

12:45pm Advancements in Kidney Transplantation: Rafael Villicana, MD

1:30pm Interactive Group Game

Wrap up, evaluation, adjourn

RSN is Pleased to Present Thursday's Esteemed Panel of Speakers



Mandy Trolinger,
MS, RD, PA-C



Ben Hippen, MD



Rondi L Wightman,
MSW, LCSW, CADC



Lubna Abkany, RD



Rafael Villicana, MD

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Friday, Nov. 13 • Focus on All Stages of Kidney Disease Care

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Entertainment by Carla Ulbrich, The Singing Patient

10:30am Understanding Medicare and Medicare Advantage Plans: Kathy Lester

11:15am How to Work Through Stress and Anxiety: Mary Beth Callahan, LCSW

12:00pm Public Policy and Kidney Disease for 2021: Rob Blaser

12:45pm Answers to Question You Were Afraid to Ask: Group Discussion

Wrap up, evaluation, adjourn

RSN is Pleased to Present Friday's Esteemed Panel of Speakers



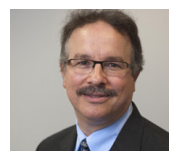
Carla Ulbrich



Kathy Lester, Esq.



Mary Beth Callahan,
LCSW



Rob Blaser

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Saturday, Nov. 14 • Focus on Parents of Children Who Have Kidney Disease

10:00 am Welcome and Keynote: RSN Founder and President Lori Hartwell

10:30am Preparing Your Child To Transition to Adulthood: Maria Ferris, MD

11:15am Top Medical Issues For Youth with Kidney Disease: Elaine Kamil, MD

12:00pm 10 things to help your child adjust to dialysis: Helen Currier

12:45pm How To Maintain a Balanced Family Environment Parent Panel: Moderated by Charlene Lafontant

Wrap up, evaluation, adjourn

RSN is Pleased to Present Saturday's Esteemed Panel of Speakers



Lori Hartwell



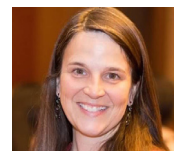
Maria Ferris, MD,
MPH, PhD



Elaine Kamil, MD



Helen Currier, CNN,
CENP



Charlene Lafontant

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