For 27 years RSN has presented the Annual Patient Education meeting at no charge to people who have kidney disease and their families. This year the meeting is a national, virtual event and we have expanded to five days. Each day will focus on a specific disease or treatment. Speakers will include healthcare professionals and people who have learned to live and thrive in spite of having kidney disease. Join us!

Tuesday, Nov. 10
Focus on Chronic Kidney Disease

Entertainment by Carla Ulbrich, The Singing Patient
How to Understand Kidney Stones and What You Can Do to Prevent Them
Delaying the Progression of Kidney Disease
The CKD Diet - What to Know Based on New Science
How to Get the Most out of Your Telehealth Visit

Wednesday, Nov. 11
Focus on Dialysis

Tim Atkin’s Inspiring Story
Stop the Itching
The Ins and Out of Home Dialysis
How to Get the Most out of Your Doctor Visit
Innovations in Dialysis Care

Thursday, Nov. 12
Focus on Kidney Transplantation

Mandy Trolinger’s Inspiring Journey
Advancements in Kidney Transplantation
Getting Listed for a Kidney: What You Need to Do and Know
The Psychosocial Issues of Kidney Transplantation
Weight Loss and Kidney Transplants

Friday, Nov. 13
Focus on All Stages of Care

Entertainment by Carla Ulbrich, The Singing Patient
How to Work Through Stress and Anxiety
Understanding Medicare and Medicare Advantage Plans
Public Policy and Kidney Disease for 2021
Answers to Questions You Were Afraid to Ask

Saturday, Nov. 14
Focus on Parents & Children

Preparing Your Child to Transition into Adulthood
Top Medical Issues for Youth with Kidney Disease
10 Things to Help Your Child Adjust to Dialysis
How to Maintain a Balanced Family Environment

“An illness is too demanding when you don’t have hope.” –Lori Hartwell

RSN’s 27th Annual Patient Education Meeting is now virtual!
Join us for five educational and hope-filled days.

There are no fees to attend but registration is required. Learn more and see full agenda at RSNhope.org.

A login link will be sent prior to the meeting date. Topics and speakers are subject to change.

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Tuesday, Nov. 10 • Focus on Chronic Kidney Disease

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05 am Opening Day Entertainment: Carla Ulbrich, The Singing Patient

10:30 am How to Understand Kidney Stones and What You Can Do to Prevent Them: Gary C. Curhan, MD

11:15 am Delaying the Progression of Kidney Disease: Dugan Maddux, MD, and Jennifer Finch, MD

12:00 pm The CKD Diet – What to Know Based on New Science: Kam Kalantar, MD

12:45 pm How to Get the Most Out of Your Telehealth Visit: Susie Lew, MD,

1:30 pm Interactive Group Game with Host Cher Thomas, RDH

Wrap up, evaluation, adjourn

RSN is Pleased to Present Tuesday’s Esteemed Panel of Speakers

Carla Ulbrich  Gary C Curhan, MD  Dugan Maddux, MD, FACP  Jennifer Finch, MD  Kam Kalantar, MD  Susie Lew, MD, FACP, FASN

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RENAL SUPPORT NETWORK’S

HOPE WEEK

November 10 - 14, 2020 • 10:00am-2:00pm PT

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Wednesday, Nov. 11 • Focus on Chronic Kidney Disease

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Tim Atkins’ Inspiring Story

10:30am Stop the Itching: Geoffrey Block, MD

11:15am The Ins and Out of Home Dialysis: Dinesh Chatoth, MD

12:00pm How to Get the Most out of Your Doctor Visit: Doug Johnson, MD

12:45pm Innovations in Dialysis Care: Jonathan Himmelfarb, MD

1:30pm Interactive Group Game

Wrap up, evaluation, adjourn

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Renal Support Network RSNhope.org
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Thursday, Nov. 12 • Focus on Kidney Transplantation

10:00 am Welcome: RSN Founder and President Lori Hartwell

10:05am Mandy Trolinger’s Inspiring Journey

10:30am Getting Listed for a Kidney What You Need to Do & Know: Ben Hippen, MD

11:15am Psychosocial issues of kidney transplant: Rondi L Wightman, LCSW,

12:00pm Weight Loss and Kidney Transplant: Lubna Abkany, RD

12:45pm Advancements in Kidney Transplantation: Rafael Villicana, MD

1:30pm Interactive Group Game

Wrap up, evaluation, adjourn

RSN is Pleased to Present Thursday’s Esteemed Panel of Speakers

Mandy Trolinger, MS, RD, PA-C
Ben Hippen, MD
Rondi L Wightman, MSW, LCSW, CADC
Lubna Abkany, RD
Rafael Villicana, MD

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**Friday, Nov. 13 • Focus on All Stages of Kidney Disease Care**

- **10:00 am** Welcome: RSN Founder and President Lori Hartwell
- **10:05am** Entertainment by Carla Ulbrich, The Singing Patient
- **10:30am** Understanding Medicare and Medicare Advantage Plans: Kathy Lester
- **11:15am** How to Work Through Stress and Anxiety: Mary Beth Callahan, LCSW
- **12:00pm** Public Policy and Kidney Disease for 2021: Rob Blaser
- **12:45pm** Answers to Question You Were Afraid to Ask: Group Discussion

Wrap up, evaluation, adjourn

RSN is Pleased to Present Friday’s Esteemed Panel of Speakers

Carla Ulbrich  
Kathy Lester, Esq.  
Mary Beth Callahan, LCSW  
Rob Blaser

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Saturday, Nov. 14 • Focus on Parents of Children Who Have Kidney Disease

10:00 am Welcome and Keynote: RSN Founder and President Lori Hartwell

10:30 am Preparing Your Child To Transition to Adulthood: Maria Ferris, MD

11:15 am Top Medical Issues For Youth with Kidney Disease: Elaine Kamil, MD

12:00pm 10 things to help your child adjust to dialysis: Helen Currier

12:45pm How To Maintain a Balanced Family Environment Parent Panel: Moderated by Charlene Lafontant

Wrap up, evaluation, adjourn

RSN is Pleased to Present Saturday's Esteemed Panel of Speakers

Lori Hartwell
Maria Ferris, MD, MPH, PhD
Elaine Kamil, MD
Helen Currier, CNN, CENP
Charlene Lafontant

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