RENAL SUPPORT NETWORK’S MONTHLY SUPPORT GROUP
for people who have kidney disease and their families

4TH SUNDAY OF EVERY MONTH
2:30 PM - 4:30 PM
An assortment of drinks, sandwiches
and desserts are served.

STUDIO HOPE
621 East Glenoaks Blvd. #B
Glendale, CA 91207
(818) 543-0896

Finding support beyond that offered by family and friends can help you cope with the life changes of kidney disease. Support groups have shown to reduce loneliness, provide a sense of empowerment, improve coping skills, reduce anxiety, help develop a clearer understanding of what to expect and provide hope for the future. People who attend RSN’s support group share their experiences, strength and strategies to live a hopeful and joyful life. Join us!

For more Information visit RSNhope.org
or email info@RSNhope.org.

An illness is too demanding when you don’t have HOPE! –Lori Hartwell